

*HIRALAL BHAKAT COLLEGE*

*NALHATI, BIRBHUM*



*COMMUNITY HEALTH AND WELLNESS PROGRAMME*

*Organised by*

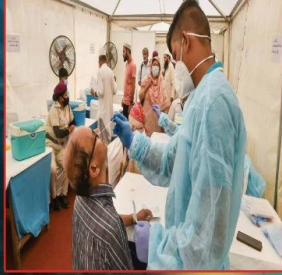
*Department of Philosophy*

*with*

*the Collaboration of I.Q.A.C*



# Community Health and wellness Programme



Organised by :- Department of Philosophy In Collaboration with IQAC  
**Hiralal Bhakat College**

Nalhati, Birbhum, West Bengal

Venue: Atgram, Nalhati, Birbhum

Date: 9th March, 2021

Time: 11.00 A.M. Onwards.



## HIRALAL BHAKAT COLLEGE

NALHATI, BIRBHUM, WEST BENGAL, PIN 731220 Estd. 1986  
(Affiliated to the University of Burdwan and Re-accredited by NAAC)  
Phone: 03465253254 Email: [hbcollege@gmail.com](mailto:hbcollege@gmail.com) Website: [www.hbcbht.in](http://www.hbcbht.in)



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Ref No.:

Date: 04.12.2020

Resolution adopted

Resolution of the meeting of the Philosophy Department,

Members, presents and signed

1. Totan Hazra
2. Moumita Banerjee
3. Arunava Das
4. Arunava Das
5. Suchitra Das
6. Subrata Mondal
7. Subrata Mondal

The meeting started with a welcome note from the desk of the Head, Department of Philosophy.

1. The resolutions adopted in the previous meeting of Philosophy Department were placed and following a threadbare discussion were duly confirmed.
2. It is hereby resolved that the Department of Philosophy, Hiralal Bhakat College is organizing a Community Development Programme namely "Health and Wellness Programme" at Atgram, Nalhati on 9th March, 2021.
3. Resolved that Head, Department of Philosophy, be appealed to the Coordinator, IQAC, Hiralal Bhakat College for getting permission in collaboration with IQAC.

4. Resolved that the faculty members and few students are requested to attend the aforesaid programme and also aware all the participants that they should be obey the Covid Protocol, i.e. wearing Mask, keep proper distance, use sanitizer etc.
5. Having no further discussion the meeting ended with vote of thanks from the desk of the Head, Department of Philosophy.

Date- 04.12.2020

Place- Nalhati.

*Subrata Mondal*

Head

Department of Philosophy  
Hiralal Bhakat College  
Nalhati, Birbhum.

*Subrata Mondal*

Head  
Department of Philosophy  
Hiralal Bhakat College  
Nalhati, Birbhum.

Ref No.:

Date: 01.12.2020

### NOTICE

A meeting will be held on 04.12.2020 at 11.00 AM in the Department of Philosophy. All the faculty members of Philosophy are requested to make it convenient to attend the said meeting positively.

Agenda:

1. Discussion on Community Development Programme
2. Miscellaneous if any.

Copy forwarded to all the Faculty members of Philosophy

1. Prof. Totan Hazra *Totan Hazra*
2. Smt Moumita Banerjee *Moumita Banerjee*
3. Mr. Arunava Das *Arunava Das*
4. Miss Suchitra Das *Suchitra Das*
5. Mr. Sofiqul Islam *Sofiqul Islam*
6. Mr. Subrata Mondal *Subrata Mondal*



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Ref No.:

Date: 08.12.2020

To  
The Coordinator  
IQAC  
Hiralal Bhakat College  
Nalhati, Birbhum.

Ref - Appeal to collaborate a Community Health and Wellness Programme.

Respected Sir,

This is to inform you that a "Community Health and Wellness Programme is going to be organised by the Department of Philosophy, Hiralal Bhakat College, Nalhati, Birbhum on 9 th March, 2021 at 11 A.M onwards at Atgram, Nalhati , Birbhum.

You are hereby requested to allow collaboration with IQAC, Hiralal Bhakat College, Nalhati, Birbhum in this regard for further advancement of academic excellence.

Thanking you.

Yours truly,

Head

Department of Philosophy  
Hiralal Bhakat College  
Nalhati, Birbhum.



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Ref No.:

Date: 15.12.2020

To  
The HOD  
Department of Philosophy  
Hiralal Bhakat College  
Nalhati, Birbhum.

Subject: Confirmation of collaboration.

Dear Sir/Madam,

It is hereby intimated that IQAC, Hiralal Bhakat College, Nalhati, Birbhum does hereby confirm that a collaboration in a College Level Programme on "Community Health and Wellness Programme" 9 th March, 2021 has been established following your letter dated 8th December, 2020. Kindly consider it as a formal declaration of collaboration in this regard and oblige.

Thanking you,

Yours Sincerely,

Dr. Suddhasattwa Banerjee  
Coordinator, IQAC  
Hiralal Bhakat College  
Nalhati, Birbhum



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Ref No.:

Date: 02.03.2021

To  
The Head  
Department of Philosophy  
Hiralal Bhakat College  
Nalhati, Birbhum

Subject: Allocation of funds for a Community Health and Wellness Programme of Philosophy.

Dear Mr. Swapan Saha

This is to inform you that a fund of Rs.3500/- (Three thousand and five hundred only) a College Level Programme that is Community Health and Wellness Programme.

Kindly bear the expences of the said activity from your own source and collect the utilized fund from the Cashier by submitting a utilization certificate along with supporting vouchers following the said activity.

Teacher in Charge  
Hiralal Bhakat College  
Nalhati, Birbhum.

**Date: 9<sup>th</sup> March, 2021**

**Time: 11 A.M Onwards**

**Venue: Atgram, Nalhati, Birbhum.**

**Organizing Committee:**

**Patron: Dr. Goutam Sen , Teacher-in-Charge, Hiralal Bhakat College.**

**Convener: Prof, Totan Hazra Asst. Prof. Dept. of Philosophy, Hiralal Bhakat College.**

**Faculty-Members:**

**Prof. Swapan Saha, Asst. Prof. Dept. of Philosophy, Hiralal Bhakat College.**

**Shri Arunava Das, SACT, Dept. of Philosophy, Hiralal Bhakat College.**

**Smt. Moumita Banerjee, SACT, Dept. of Philosophy, Hiralal Bhakat College.**

**Smt. Suchitra Das, SACT, Dept. of Philosophy, Hiralal Bhakat College.**

**Shri Sofiqul Islam, SACT, Dept. of Philosophy, Hiralal Bhakat College.**

**Shri Subrata Mondal, SACT, Dept. of Philosophy, Hiralal Bhakat College.**

## **Objectives:**

- 1.To provide health education.**
- 2.To provide health promotion activities to address health problems.**
- 3.To promote overall well being in a community.**
- 4.To provide the awareness education during COVID situation.**

## **Details:**

**The community health and wellness programme held on 9<sup>th</sup> March, conducted by the Department of philosophy in the year 2020 during the COVID situation. The programme was initiated to provide health education to the people of the location situated nearby our college. The programme provides health promotion activities to address health problems, the programme also promoted overall well being in a community and people also got awarded about how to cope up with the COVID situation.**

**The location people got the education how to cope up with the COVID situation. They were provided with mask, sanitizer etc. They were also pleased to have pens, copies etc for their children, as we provide all these so that students could use all these things for the purpose of their education. The locality people were also received the awareness education when and how to use mask, sanitizer etc. There were 4 teachers and 25 numbers of local people participated in the aforesaid programme.**

## **Outcome-**







Kadya, West Bengal, India  
7VF5+QX6, Kadya, West Bengal 731242, India  
Lat 24.274376°  
Long 87.858198°  
09/03/21 11:44 AM GMT +05:30



GPS Map Camera



Kadya, West Bengal, India  
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GPS Map Camera



*Sudhakar Chakrabarti*

**Signature**

**IQAC Co-ordinator**

**Hiralal Bhakat College**

*Tapan Hazra*

**Signature**

**Convener**

**Hiralal Bhakat College**

*Jyoti S.*

**Signature**

**Teacher-in-Charge**

**Hiralal Bhakat College**

*Teacher-in-Charge  
Hiralal Bhakat College  
Nalhati, Birbhum*

